



## Public Advisory Group

Newsletter Issue 6, June 2024

### New Research

We are delighted to announce that the DIRECT study has been funded by NIHR. We start in September 2024.

DIRECT is a study that will evaluate the best treatment to prevent blood clots in patients who suffer a hip fracture.

**ACCorD**  
Adhesive Capsulitis Corticosteroid or Dilution

ACCorD a first of its kind study, looking at if we can treat frozen shoulder in primary care (i.e. without needing to see an orthopaedic surgeon). We have almost finished checking data and will be working on analysing the results over the summer.

We will be sending a report in September to the funder (NIHR) and look forward to sharing the results!

**TiLLI**  
Thromboprophylaxis in Lower Limb  
Immobilisation

Thromboembolism in Lower Limb Injury (TiLLI) is a study that will look at what the best method of preventing blood clots forming in people who have had a cast or brace put on their leg due to an injury.

We have had the study reviewed by national research ethics and hope to open in July

# Continued..



## Weight bearing after ankle fracture may not lead to worse outcomes

Concluded a new study published by Chris Bretherton, one of our clinical academics, published in The Lancet.

The study found that putting weight through the ankle after surgery may not lead to worse outcomes and can help people return to activities quicker.

You can read about it [here](#)



## LinkedIn

We now have a LinkedIn page! We wanted a space to share a bit more about the team and the work we have been doing.

You can follow our page here

<https://www.linkedin.com/company>

## Research Showcase



We will be holding a research showcase in September this year. We will have a number of talks sharing updates on our work. There will also be activities for children and of course food and drink!

More details to follow...

## Fundraising



We have set up our very own [JustGiving](#) page!

We are dedicated to bringing brilliant ideas, ground-breaking research and transformational care to life and we raising money to improve the health and wellbeing of people with Bone & Joint disorders and injuries.

If you would like to fundraise, please [email us](#) to find out more!



[@Boneandjointhealth](#)



[@BartsBoneJoint](#)

